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SHINE A LIGHT: Meet Emerson Puleo and Sophie Radbill

Relay For Life of Chappaqua

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Publisher's Note

April is here, and with it comes that familiar seasonal shift—the sun lingers a little longer, flowers start to bloom, and my winter coat hangs awkwardly by the door because I never trust that one last cold snap won't make a surprise appearance.

Spring always feels like a fresh start, a reminder to step outside, take a deep breath (unless the pollen has other plans), and appreciate the world waking up around us. It's also a perfect time to think about how we care for this planet we call home. Earth Day on April 22 is that gentle

nudge to be a little more mindful—maybe by finally remembering to bring those reusable bags into the store instead of leaving them in the trunk.

Earth Day has been around since 1970, a movement that started with passionate protests and led to real, lasting change. And while we might not all be founding environmental agencies, small efforts matter. Whether it's reducing waste, planting something green, or just remembering to turn off the lights when leaving a room (note to my family: this includes you), every little bit adds up.

Of course, we wouldn't be here without the local businesses that support this publication. Their commitment keeps our community connected, and I hope you'll support them in return.

So here's to April—fresh air, fresh starts, and maybe, just maybe, keeping a houseplant alive this year.

Warmly,

Stacy and Your Stroll Chappaqua Team

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Shining a Light: Emerson Puleo, Sophie Radbill, and the Heart Behind Relay For Life Chappaqua



Every once in a while, you meet young people who not only inspire-but lead with heart, purpose, and impact. Horace **Greeley High School seniors Emerson Puleo and Sophie** Radbill are doing just that this year. As co-presidents of Greeley's Relay For Life club, these two remarkable students rally their peers and the greater Chappaqua community around a powerful mission: raising funds and awareness for the American Cancer Society.

Leaders with Heart

Emerson Puleo is no stranger to hard work. When she's not hitting the soccer field or ski slopes as a competitive athlete (read: Athletic Achievers feature in this issue), she's making a difference at school and beyond. In addition to co-leading Relay For Life, Emerson is an active member of the Ambassadors Club, volunteers at the Cottage School, and co-founded a nonprofit jewelry initiative called Made with Love, a beading company with a heart for giving back. At home in Chappaqua, she lives with her mom, dad, and beloved dog. (Read more about Emerson in our Athletic Achievers feature in this issue.)

Her counterpart and co-president, Sophie Radbill, brings equal energy and drive to the Relay For Life mission. Deeply

passionate about supporting cancer research and advocacy, Sophie balances school, family life, and time with friends while nurturing her love for fashion and creative entrepreneurship through Made with Love. Like Emerson, Sophie is determined to make this year's Relay the most meaningful one yet.

In addition, the other leaders of the club, Lila Heller, Olivia Schlanger, and Annabel Levin, work hard alongside Emerson and Sophie, securing sponsorships and putting in the effort to organize the event from top to bottom.

A Community in Action

Relay For Life at Horace Greeley High School is much more than a school club. It's a student-led movement of dedicated teens ages 14-18 committed to fighting cancer through education, fundraising, and community-building events.

The club has organized bake sales and school-wide initiatives throughout the year to secure donations and sponsorships from friends, families, and generous local businesses.

So far, the team has already raised \$30,000 -well on their way to reaching their ambitious \$50,000 goal. But with just weeks to go, they're calling on the Chappaqua community to help cross the finish line. Donations can be made directly via the link in their

"You'll leave this event feeling inspired and part of something much bigger than yourself." - Sophie Radbill





Relay members holding a bake sale at the local high school football game

Instagram bio

(@chappaquarelayforlife) —just be sure to input "Chappaqua" when prompted for the event name.

A New Chapter for Relay

This year marks a turning point for the event itself. While past Relays were held overnight at the Greeley track, the club is

taking things to the next level by moving to Bell Middle School's baseball field on May 3rd from 4:30-10 p.m. Why the change? Accessibility and community spirit. "We wanted to make the event more open and inclusive for the entire town," Sophie shares. And while overnight activities are no longer possible due to safety restrictions, the evening promises to be bigger and better than ever.

What to Expect on May 3rd

The field will be buzzing with food trucks like Bona Bona, Kona Ice, Good Humor, and other local favorites serving dinner and sweet treats. Around the perimeter, club members will run

"This event is about shining a light on those who have survived, or those we've lost. and fighting for the future." - Emerson Puleo





The Relay team working together to raise awareness for the club at the Horace Greeley Club fair.

carnival-style games, and local merchants, including House of 29 and Royal, will showcase merchandise. A raffle with standout prizes—think fitness classes, sports tickets, beauty products, and more—adds excitement to the night. But at the heart of it all is something far more meaningful.

As the sun sets, guests will gather for a candle-lit luminaria walk — a quiet, powerful tribute to those affected by cancer. Survivors will share stories. Candles will flicker in honor and memory of loved ones. The community will come together for a moment with a shared purpose and hope.

Fighting for a Future

"Cancer touches so many lives," Emerson says. "This event is about shining a light on those who have survived, remembering those we've lost, and fighting for the future."

With their drive, empathy, and leadership, Emerson Puleo and Sophie Radbill are proving that even as high school students, they can be powerful agents of change. Through Relay For Life, they're not just organizing an event—they're creating a legacy of compassion and connection.

So mark your calendars, Chappaqua. May 3rd is more than a date—it's a chance to support the next generation of changemakers and stand together in the fight against cancer.

For updates, visit @chappaquarelayforlife on Instagram and consider donating today.



Looking for more ways to incorporate fish into your diet? This cod recipe is simple to prepare, utilizing some pantry and refrigerator ingredients that store well. Frozen, wild cod fillets are available in a few of our local grocery stores if you cannot find fresh cod. Cod is high in protein, B vitamins, and Selenium and is low in fat. If not a fan of fish, you can substitute thin sliced chicken breast – just be sure to sear the chicken first and remove from pan before moving onto step 2. Serve with a green salad or perhaps roasted asparagus...yum. Stay well.

INGREDIENTS

• 2 Cod fillets

- 1-2 tablespoon Olive Oil
- $\bullet\,1\,\mathrm{can}$ Unsweetened canned coconut milk 14-ounce can
- 4 cloves Garlic smashed
- 1 teaspoon Ginger grated
- 3 tbsps Fresh Dill finely chopped
- 1 Lemon half-sliced half for squeezing
- Chili Garlic Oil for garnish

INSTRUCTIONS

1/ Pat the cod fillets dry with a paper towel and season the cod on both sides with kosher salt and black pepper. If skin is on the fillets, you may wish to remove it before cooking.

2/ In a medium-sized pot or a small saucepan with tall enough sides, heat olive oil over medium heat. Add smashed garlic and grated ginger, sautéing until fragrant and slightly browned.
3/ Add about 4 slices of lemon to the base of the pan on low heat,

then place the cod filets on top of the lemons.

4/ Pour in the coconut milk, add the fresh dill along with salt and pepper, and gently stir to combine the flavors. Bring the coconut milk to a gentle simmer.

EASY MEALS FOR BUSY PEOPLE Healthy recipes that don't eat up a lot of time!

Poached cod in coconut milk with lemon and dill

BY COURTNEY GRAVENESE, MS, RDN, CHAPPAQUA RESIDENT RECIPE SUBMITTED BY FUNDA GURER, CHAPPAQUA RESIDENT

5/ Let the cod simmer in the coconut milk for 8-10 minutes or until the fish is opaque and easily flakes with a fork. The cooking time on this may vary based on thickness of the fish. Baste the cod loins with the coconut milk occasionally/as needed if it is not submerged.

6/ Adjust the seasoning if needed. Squeeze a bit of fresh lemon juice from the remaining half of the lemon over the poached cod just before serving.

7/ Serve the poached cod over a bed of rice or orzo, spooning some of the coconut milk poaching liquid on top until it is brothy and soup-like. Garnish with additional fresh dill and chili oil. Serves 2.

Funda, her husband, and her two children have lived in Chappaqua since 2015. Two children - one at Greeley and one at Seven Bridges M.S. Busy, full-time working mom always looking for healthy but easy-to-prep dinners -this one fit the bill.

Courtney is a nutrition consultant and health educator in the New York metro area. She is a registered dietitian and nutritionist and holds a Master of Science in Nutrition and Exercise Physiology

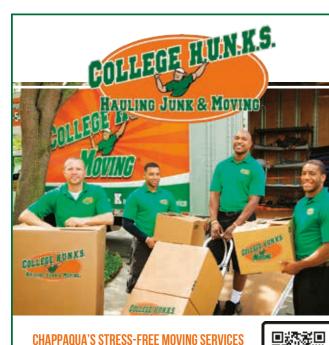


from Teachers College-Columbia University. Courtney has more than 20 years of experience, including corporate worksite wellness, individual and group nutrition education, fitness training, and health writing for clients in the area. She hosts a weekly video podcast, Courtney on Health. Follow her on Instagram @CLGWellness.



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ARS ANTIQUA

BY MARK KRAMER, SUSAN LAWRENCE, OWNER

2025

Founded by Mark Kramer, Ars Antiqua is an ensemble of America's top baroque music specialists who perform 17th and 18th-century music. The group has been artists in residence at the historic Church of St. Mary the Virgin in Chappaqua for over 33 years. Ars Antiqua concerts are known for their unique integration of exciting musical performances and innovative programs designed to illuminate a particular style or genre of 17th or 18th-century Baroque music. Members of the ensemble have performed with top orchestras from all over the country and the world.

Artistic Director Mark Kramer studied music at Northwestern University and plays both the Viola da gamba and Baroque cello. He has lectured and performed extensively on his original period instruments and has served as the artistic director of Ars Antiqua for the past 33 seasons. Mark is also known as the Creative Director and Executive Chef at Susan Lawrence Catering, a fixture in the Chappaqua community for over 40 years.





Ars Antiqua is performing an upcoming concert, Stradivari in London, at the Church of St Mary the Virgin on Saturday, April 26, 2025 at 7:30 pm. The concert will feature Baroque music from Italian composers and highlight the influence of the famous Italian instrument maker, Antonio Stradivari. The concert will be followed by an elegant buffet of Italian desserts and coffee catered by Susan Lawrence. Tickets available on their website at ars-antiqua.org

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Spring Awakening on the Greeley Farm

BY INNES MERCEAN, CHAPPAQUA RESIDENT

T pring is on the horizon, and the Chappaqua Garden Club is honored to present, after a 15-year hiatus, an igcup ambitious Flower Show hosted by the New Castle Historical Society at the Greeley House in Chappaqua. "Spring Awakening on the Greeley Farm" is the show's theme, promising a sumptuous celebration of nature and creativity across two days, on April 25-26.

Access is free and open to the public. As a spectator, be prepared to immerse yourself in the rhythms of the professional designs by garden club members. Intended as a "Secret Garden, " the Design division includes creations from traditional flower artistry to art-inspired arrangements or even table staging for "Supper on the Veranda" or "Cottage Breakfast".

For a competitor experience, you are invited to present a fragment of your garden at the Horticulture division entitled "Mr. Greeley's Garden". Enter a flowering stem, a branch, cut foliage or a potted plant, and compete for a ribbon. All the plants must come from your own garden or be in your possession for the last three months, and entries are expected up until the night before the show at the Greeley House.

Additionally, two special exhibits will celebrate "New Castle: 150 Years of Gardening", under the Education division of the Show: "Looking Back into the Greeley's Back Yard Garden" and "Raised Bed Gardening in Present Day New Castle".

Kids are not left out either, as the event will include a Youth division, showcasing dried flower creations by local young gardeners from the club's Garden Juniors program. After last year's Junior's Flower Show program at the Chappaqua Library, some of the participants already know the ropes, where they imagined and created arrangements inspired by the art of local illustrator and Garden Club member Mara Van Fleet.

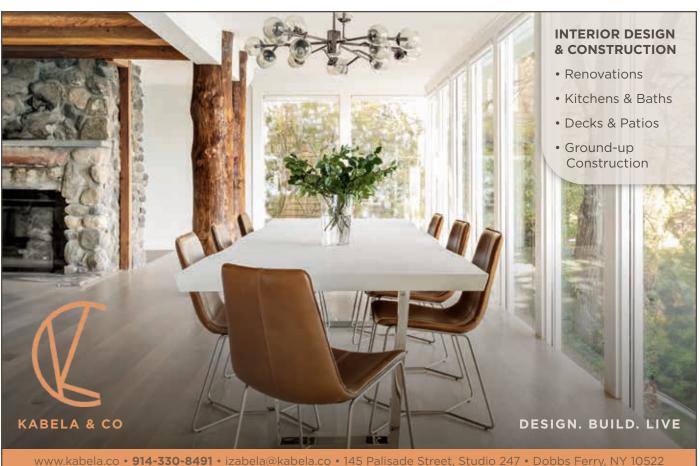
Entries are accepted between 1 pm and 6 pm on Thursday, April 24th. For rules and details: chappaquagardenclub.com/Flower-Show-2025.

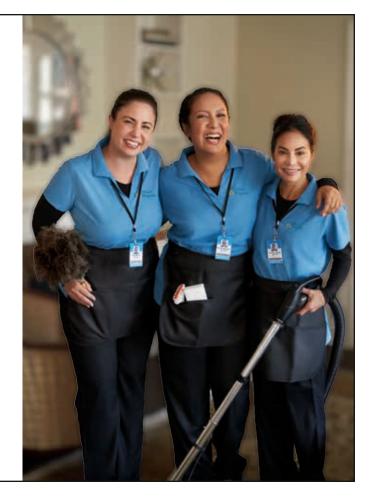
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GIVING BACK

ENOUGH: International Holocaust Remembrance Day

Featuring Auschwitz survivor Tova Friedman

BY HAILEY STERN, CHAPPAQUA RESIDENT, GREELEY JUNIOR





ENOUGH: Educate Now On Understanding Genocide and Hate

ENOUGH's mission statement: The mission of E N O U G H is to empower students to stand up to hate and to develop a community of acceptance through education and the understanding of people's differences. ENOUGH is made up of students in grades 9-12.

On February 5th, the ENOUGH club held a powerful event commemorating International Holocaust Remembrance Day. The event honored the six million Jewish victims of the Holocaust and the millions of others who suffered under the Nazi rule. This year's keynote speaker was Tova Friedman, one of the youngest survivors of Auschwitz, who shared her firsthand experience of the horrors she endured.

Tova was born in Gdynia, Poland, in a primarily Jewish town. In the early days of Nazi rule, her family and others were sent to live in a ghetto. While living there, her mom taught her survival skills, such as not making eye contact and being "invisible" to avoid drawing attention to herself. Tova credits her mother's openness and guidance with helping her persevere and survive the terrors she experienced. That strength was crucial when, just five vears old, Tova traveled for 37 hours in a cattle car to Auschwitz.

Friedman, who was only six years old when she was liberated in 1945, recalled the daily terror of life in Auschwitz. She described watching prisoners collapse from exhaustion and starvation and remembering the smell of their bodies being burned. She saw many being dragged into the gas chambers and never coming back. Tova credited luck as playing a role in her survival. She talked[4] about how when she first arrived at Aushwitz, the Nazis didn't want to open an additional crematorium because it was a Sunday and they wanted to spend the day at church with their families. Because of this, she ended up in a barrack instead of a gas chamber. Later on, Tova remembered the horrifying moment of being forced into a gas chamber with many other children. Tova mentioned that they all believed this was the end. But, by an extreme miracle, the Nazis changed their plans that day, and the children were sent back to their barracks. The trauma of that moment haunts Tova to this day.

Additionally, Tova shared a moment from the end of her journey. At the end of the war, the Nazis sent everyone from concentration camps on death marches. On this march, the prisoners walked 600 miles in total. If anyone couldn't make it, they were shot and killed. With the brutal snowy conditions, many prisoners died from exhaustion and illness. During the march, Tova's mom wasn't well enough to continue, so they found shelter in a house and hid in beds under dead bodies. After they were considered safe, they realized that many other women were also hiding in the same manner. Everyone did whatever they could to survive.

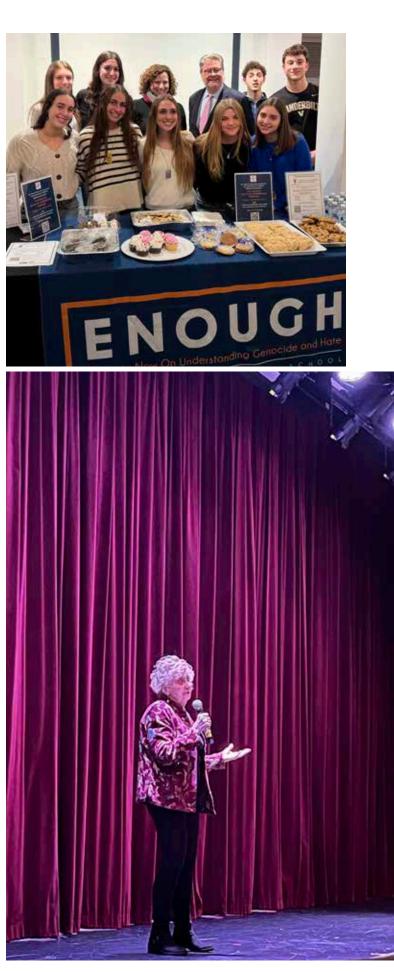
Listening to Tova Friedman's story is not just about remembering the past. It was and is a call to action. She emphasized the importance of not being silent and educating future generations so that history never repeats itself. As the number of Holocaust survivors dwindles, it is now up to us to keep their stories alive. By sharing these testimonies, younger generations can fight against hatred, ensuring the truth is never forgotten, and honor those who did not survive.

In response to Tova's call to action, we asked everyone to take a personal pledge to share her story, ensuring that more witnesses would carry Tova's story on. The pledge emphasized the importance of remembering and passing on her story so that it would never be forgotten.





Hailey Stern is a Junior at Horace Greeley High School. She is a member of the ENOUGH club at Horace Greeley and is one of the liaisons to the Town of New Castle Holocaust and Human Right Committee. She lives in Chappagua with her Mom, Dad, Brother, and dog, and loves to play soccer and lacrosse.









Tor Emerson Puleo, skiing isn't just **r** a sport—it's a passion, a thrill, and a lifelong adventure. As a senior at Greeley, she capped off an impressive high school racing career with a standout performance at the New York State Alpine Ski Championships at Gore Mountain. Competing in Slalom, her favorite event, Puleo embraced the challenge with confidence and determination.

"I love hitting gates and feeling completely in the course," she shared. "That connection between my body, skis, and the hill-it's an amazing feeling."

After an impressive first run, Puleo was poised for a top-ten finish. With her coach's simple but powerful advice—ski fast and have fun—she stood at the start gate, reminding herself: This is it. Just me and the course. I will either DNF (Do Not *Finish) or get a top ten!*

By the end of the day, she had secured 8th place, a remarkable achievement to close out her high school racing journey. But perhaps even more meaningful was receiving the Section 1 Sportsmanship Award, recognizing her leadership, mentorship, and unwavering support for her teammates.

"It was the perfect way to finish," Puleo reflected. "I'm so grateful for my family and their commitment to helping me reach this level."

While she's graduating from Greeley, skiing will remain a huge part of her life. "I plan to keep training upstate and can't wait to explore more adventures out West."

As she moves on to her next chapter, Emerson Puleo leaves a legacy of grit, positivity, and sportsmanship-qualities that define a great athlete and an inspiring leader.





April 25, 26

Spring Awakening on The Greeley Farm Presented by the Chappaqua Garden Club New Castle Historical Society 2-4p (25th); 10a-3p (26th)

April 26

Jackie and the Books She Loved Book Signing Susan Lawrence Noon-2p

April 26

Ars Antiqua Concert Stradivari in London Church of St. Mary the Virgin 7:30p

April 28 **Spice Club: Cumin** The Chappaqua Library 6-7:30p

May 1 Chappaqua School Foundation (CSF) Tacos and Tequila Event Goose feather, Tarry town7-11p

May 2 Wine Around Town of Commerce 5-8p

May 3 **Relay for Life** Bell Middle School 4-10p

May 10

May 10 Mother's Day Vase Craft 2-3p

Save The Date

Chappaqua -Millwood Chamber

Fundraiser for the American Cancer Society. Enjoy food trucks, carnival games, and local shopping while supporting a great cause. Hear survivor stories at 5:30 PM, followed by a silent remembrance walk. Help reach \$50K goal—sponsors needed!

Chappaqua Farmers Market opens! Saturdays 9a-1p

Scattered Books/Whispering Pines

May 10 The Little Garden That Could 2025 Open Day Chappaqua 10-4p

May 19

Spice Club: Cardomom The Chappaqua Library 6-7:30p

June 7 Strawberry Festival

The Church of Saint Mary The Virgin 10a - 4:00p This yearly festival features its famous strawberry shortcake. Food will also be available from the grill or in the strawberry café. Games for children, including a bouncy castle, alien can smash and more. Returning this year is our popular petting zoo, face painting, and live music. No admission to the grounds. 10% of proceeds given to charity.



THE FLAVORFUL ADVENTURE **Spice Club!**

If you love cooking, discovering new flavors, and connecting with fellow food enthusiasts, then our *Spice Club* is the perfect place for you! This exciting monthly gathering is an opportunity to explore global spices, experiment with new recipes, and enjoy a community potluck filled with delicious homemade dishes.

WHAT IS SPICE CLUB?

Each month, we select a different spice or condiment to highlight. Participants who register will receive a sample of the featured spice along with recommendations on how to use



it, drawn from our extensive cookbook collection and other resources. Then, on a designated Monday evening, we gather for a potluck where everyone brings a dish incorporating the spice. It's a chance to taste, learn, and share the joy of cooking in a welcoming and interactive setting.

Our first gathering in January featured *Gochujang*, the beloved Korean chili paste, and included a special video showcasing traditional Gochujang-making methods. The evening was filled with flavorful dishes and engaging discussions, setting the tone for many great gatherings ahead!

UPCOMING SPICE CLUB DATES & FEATURED SPICES: April 28, 2025 – Cumin May 19, 2025 – Cardamom

Whether you're a seasoned home cook or just starting to explore new flavors, Spice Club is a fantastic way to expand your culinary horizons, meet like-minded food lovers, and enjoy an evening of great conversation and amazing food.

Join us for our next meeting, and bring a dish to share! To register and receive your spice sample, reach out to Vicki Fuqua, Librarian, Chappaqua Library at vfuqua@chappaqualibrary.org

We can't wait to see what you create!



Wish Your Neighbors Were Customers?

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Any business owner or professional who lives in the neighborhood is welcome to be featured in this magazine's Resident Business Guide. Reach out to the publisher of this magazine to be featured.







My Trip to Greece

BY ROBERTA LASKY, CHAPPAQUA RESIDENT

LAST SEPTEMBER I TRAVELED to Greece. Visited Chania, Crete, Oia, Santorini, Plaka, Naxos, and Athens.

Experiencing the culture, eating, drinking, and savoring the local, delicious food and drinks (from feta cheese to ouzo) and visiting historical sites as well as spectacular beaches were my main reasons in choosing this Mediterranean country.

Highlights include seeing the Acropolis at the Parthenon, especially the five Caryatid sulptures in person is a truly outstanding experience and going on a sunset cruise in Santorini allowing for a closer view of the Caldera.

The 80-degree warm weather made for perfect days at the beach. Early fall is a great time to travel, especially since there are fewer tourists than in the summertime.

Efcharisto Greece for a memorable trip of a lifetime.

P.S. It is true that there are friendly cats on every street. Why did the cat visit Greece? To paw-sitively enjoy the purr-fect Mediterranean climate!



Highlights include seeing the Acropolis





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Meet Sasha

The foster sister extraordinaire!

BY MELISSA LEVINE, CHAPPAQUA RESIDENT

ey there, I'm Sasha! I'm a 10-year-old Shetland Sheepdog/Shepherd mix with a big heart and an even bigger role in my family. When I was just six months old, my pawrents adopted me from A New Chance Animal Rescue, and ever since, I've been living my best life in Millwood with my human siblings, Meri & Dani, and my three feline companions, Mouse, Layla, and Coconut.

But what really makes me special? I've been a foster sister to almost 40 dogs over the past eight years! I help teach them important life skills like how to sit, stay, and give paw. I also make sure they know where the snack drawer is—because priorities, right? My family continues to foster pups through A New Chance Animal Rescue, and I love being part of the journey to help them find their forever homes.

I have a special bond with my cat brother Coconut—we snuggle every night, and since he's a little too big to groom himself (sorry, Coco!), I take care of that for him. My other kitty siblings, Layla (who only has one eye) and Mouse, are also part of my pack, and we all coexist in perfect harmony.

I love all seasons—I'll happily roll in the snow during winter, but when summer comes, you'll find me lounging in a kayak on the lake (though let's be clear, I like to be *on* the water, not *in* it). I also enjoy vacations at Grandma and Papa's house on Long Island, where I get spoiled like the queen I am.

My neighbors call me the "Mayor of the Circle" because I love sunbathing in the middle of the street and greeting everyone as they arrive home. I also have a daily routineevery morning on my walk, I bark at a certain bench on the North County Trailway where I once saw a bunny six years ago. (You can never be too careful!)

At the end of the day, being part of the Levine family is the best. I can't wait to welcome our next foster dog and help them find a loving home—just like I did.

Follow Sasha's adventures in the neighborhood, on the trails, and maybe even in a kayak near you!

Love your pet? Let them shine! Paw Prints & Personalities, brought to you by New Castle Veterinary Hospital, is looking for furry stars to feature! Email us at publisher@strollchappaqua.com with "Paw Prints" in the subject line or call New Castle Veterinary Hospital at 914-483-3334 and ask for Judith. Don't miss the chance to celebrate your pet and make them the star of our next issue!









SPONSOR SPOTLIGHT

SALTBOX SASH:

Meet Diana Salvati, Owner



IN THIS MONTH'S SPONSOR SPOTLIGHT, we're excited to introduce Saltbox Sash, a business rooted in passion, purpose, and a deep commitment to ethical craftsmanship. Founded by Diana Salvati, who turned a love for home decor into a mission-driven enterprise, Saltbox Sash is more than just a home goods store—it's a platform that supports artisans worldwide. Through a carefully curated selection of fair-trade and sustainably made products, Saltbox Sash empowers skilled artisans in underserved communities while helping local customers create meaningful and beautifully designed spaces. In this Q&A, the founder shares her journey, the inspiration behind her business, and why she believes every home should tell a story.

Where did you grow up? How long have you lived in the area? Tell us about your family. Where do you live now?

I grew up in New Jersey and lived there until shortly after my husband and I married in 2004. In 2006, we moved to Westchester, and in 2012, after the birth of our youngest son, we settled in Pleasantville, which we've called home ever since. We're proud parents of two wonderful sons and a mini goldendoodle who keeps us on our toes.

What led you personally and professionally to where you are now?

I've always had a passion for creating beautiful home spaces, and in 2017, I decided to turn that passion into a business. I wanted to be part of helping people create spaces they love—spaces that truly reflect who they are. While exploring ways to bring my vision to life, I attended a craft show and stumbled upon a booth selling fair trade products. At that time, the concept of fair trade was somewhat familiar to me, mostly through products like coffee and bananas. I purchased a jewelry box that sparked





something deeper in me that day. I was intrigued by the idea of fair trade and decided to learn more.

What I discovered was truly inspiring. Fair trade, governed by ten core principles, is a global movement that emphasizes transparency, equality, and sustainability. It's a business model that prioritizes people and the planet. Fair trade guarantees that artisans receive fair payment for their work, that they operate in safe conditions, and that there is no child labor, forced labor, or exploitation involved. The products are handcrafted using local, sustainable materials and traditional skills passed down through generations. From sculpture and basket weaving to woodcraft, embroidery, and pottery, fair trade supports and preserves cultural heritage while promoting a sense of empowerment for artisans.

What is your business, and how/why did you start it?

Saltbox Sash was born from my desire to help customers create homes that feel meaningful, homes that tell stories, reflect personal values, and make a positive impact. What began as a passion for beautiful decor quickly became a mission to empower artisans in underserved communities. I realized that my love for home decor wasn't just about



selling beautiful pieces; it was about championing a movement that aligns with my core beliefs.

I committed to sourcing only fair trade, ethically and sustainably made products. Since then, I've had the honor of partnering with social enterprises, non-profits, and independent artisans to source our products. This journey led to the creation of Saltbox Sash, where we offer curated collections of handcrafted home décor and unique gifts from over 25 countries worldwide.

What is unique about your business?

We do not carry mass-produced items. Every unique piece in our collection tells a story of creativity, culture, and craftsmanship. By supporting these products, we're uplifting artisans and their families and contributing to the prosperity of entire communities. Through our commitment to fair trade, we champion a sustainable and ethical approach to business that honors people, the planet, and the preservation of cultural traditions.

Given your business expertise and the nature of your work, what advice (whether general or specific) can you offer the residents?

Whether you're selecting a unique decor piece to elevate your home or seeking a thoughtful, meaningful gift for someone special, it's important to choose products that stand the test of time—both in design and durability. Opting for items crafted from timeless, natural, and sustainable materials ensures that you're investing in beautiful pieces and products built to last. These materials-such as wood, stone, organic fibers, and metals-are rich in texture and character and embody a sense of authenticity and craftsmanship that massproduced items simply can't replicate.

What do you like to do when you are not working?

I cherish spending time with my family, whether cooking together, entertaining friends, playing board games, or taking walks with our dog, Rosie. No matter what we're doing, I'm happiest with them.

What would you like to share with the community?

We live in a world filled with complex challenges, and it's easy to feel overwhelmed by how we can make a difference.





However, one meaningful way we can contribute to a more just and equitable world is by choosing products made in ethical environments-those that align with our values. We make a tangible impact by supporting businesses prioritizing fair trade, sustainability, and the well-being of artisans and workers. Every thoughtful purchase is a small but powerful act of contribution, allowing us to feel like we are part of a larger movement toward positive change.

Shop: 1159 Pleasantville Road Briarcliff Manor, NY 10510 Email: saltboxsash@gmail.com Phone: 914-373-4017 Website: www.saltboxsash.com Social Media: Instagram, Facebook, TikTok, Pinterest: @saltboxsash



BOOKS & BLOOMS A Perfect Pairing at 29 King Street

hen longtime local florist Whispering Pines lost its lease and faced closure, the future looked uncertain. But Beth Hundgen, the owner, wasn't ready to give up just yet. That's when inspiration struck—what if two beloved Chappaqua retailers could come together under one roof? Enter Laura Schaefer, owner of Scattered Books, the charming independent bookstore just up the road. The idea of a shared space was bold, but with a little brainstorming, it quickly became clear: this was a collaboration that could flourish.

After debating logistics, mapping out the best use of space, and considering whether books and blooms truly belonged together, the answer was a resounding yes. Both businesses

were built on community, creativity, and curating unique finds. And so, in a leap of faith, Whispering Pines and Scattered Books became retail roommates—Chappaqua's first business collaboration of its kind.

As of February 1, their shared home at 29 King Street has been a buzz of activity. Customers have embraced the seamless blend of literary treasures, fresh floral arrangements, and carefully curated gifts, creating a shopping experience that feels both cozy and inspired.

So, whether you're searching for the perfect novel, a vibrant bouquet, or a unique gift, stop by and experience the magic of books and blooms coming together in perfect harmony!



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Meet Cindy Greenstein

The Points Mom!

n my town of Chappaqua, I have spent years helping individuals, families, and businesses maximize their rewards and use them for incredible value. My expertise ensures everyone-from local business owners to families planning their dream vacations-can make the most of their points and miles.

For local businesses, I have been instrumental in selecting the best credit cards to maximize their spending. A perfect example is the local jewelry store that needed a better strategy for handling high inventory costs. After consulting with me, they started using cards that earned significant rewards. Not only did this help them accumulate points rapidly, but I also guided them in redeeming those points for stays at their favorite



resort, Miraval in the Berkshires. I have also worked with a local restaurant to optimize their card strategy for food and supply purchases, helping them grow their points balance quickly.

My reach extends beyond businesses. I have advised doctors, lawyers, interior designers, real estate brokers, and merchants on the best credit cards tailored to their unique expenses. Whether it's finding the ideal card for advertising, office supplies, or travel, I ensure that every dollar spent works harder for them.

While I take great pride in helping businesses, I truly shine when working with families. Many families in my community rely on school breaks to travel, and I have helped countless

> parents stretch their budgets. Whether securing flights to Europe during peak season or finding the perfect hotel redemption, I ensure they get the best value for their points. I have also guided empty-nesters in finally making use of the points they have accumulated over the years, helping them plan long-overdue trips now that they have more flexibility.

> I am passionate about setting young adults on the right financial path. I help 18-year-olds secure their first credit card to start building credit wisely, and I assist recent graduates in selecting cards that align with their new financial independence. The right cards at the right time can set them up for future travel and financial success.

> Beyond my one-on-one consulting, I am an educator in this space. I teach the course "Learn How to Travel for Free" each semester through Chappaqua Continuing Education. My class sells out every time, so early registration is a must! I also offer my program at local libraries, chamber of commerce groups, and rotary clubs, where I spend hours answering questions about points and miles. The most common question I get? "What is the best credit card?" The truth is, there is no single best cardthere is only the best card for you. That's exactly what I help people discover. I take pride in being the go-to resource in my community for maximizing rewards and unlocking the full potential of points and miles. Cindy Greenstein, thepointsmom.com, 917-880-6055.







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A Publication for the Residents of Chappaqua

New Castle Veterinary Hospital has been serving Chappaqua and surrounding areas for 30 years. Our professional staff delivers excellent medicine and personalized care. Dr. Bradley Emott joined New Castle Vet in 2024 and has brought a fresh approach to the care of our patients. Dr. Emott is an experienced general practice veterinarian who can see your pet for routine care or for any problem. We offer digital x-rays, ultrasound, in-house lab work, an online pharmacy for home delivery, soft tissue surgery, and dental procedures. Please call us anytime to schedule an appointment and let us work with you to care for your beloved pet.

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