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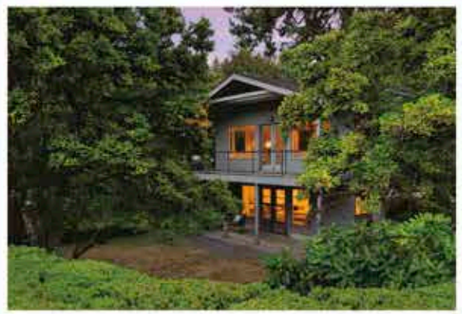
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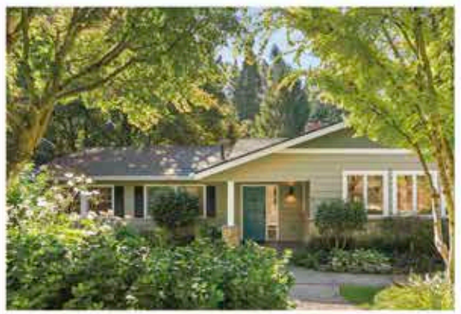
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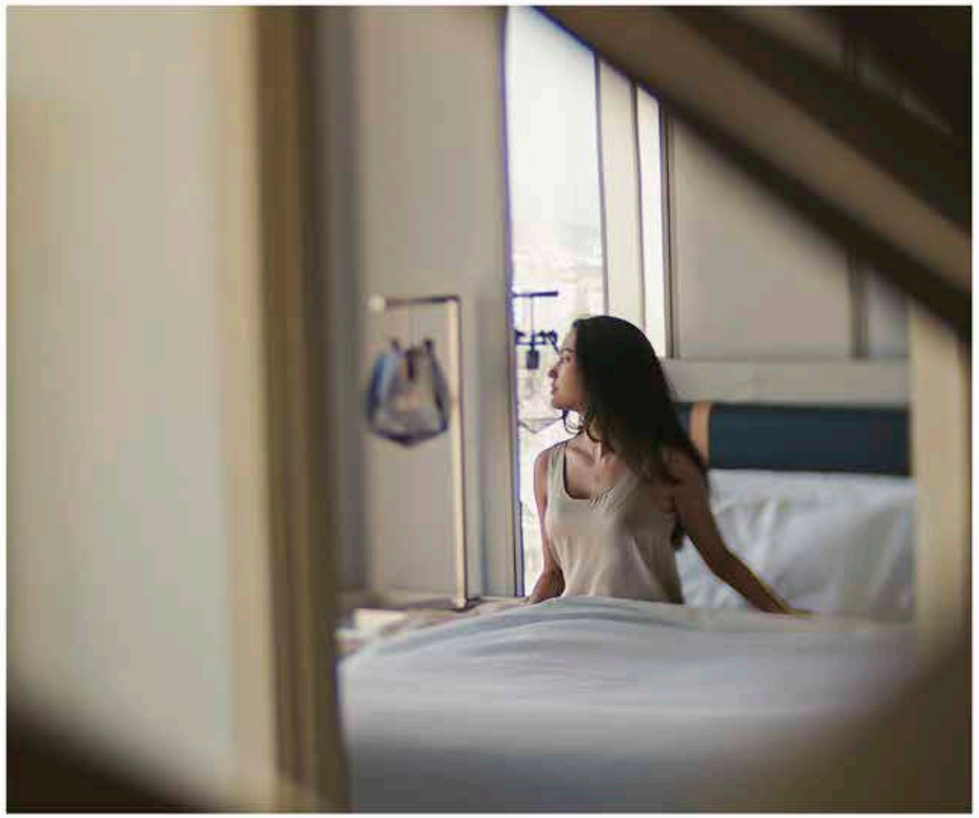
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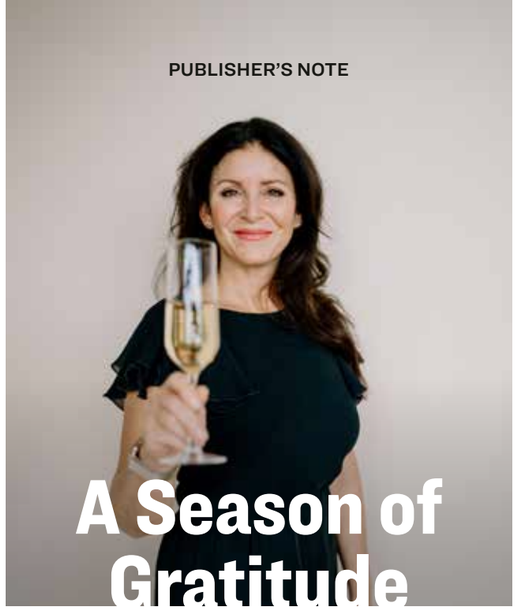
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PUBLISHER'S NOTE



A Season of Gratitude

November is a meaningful month for Stroll as we celebrate our 11th anniversary in print, and it also happens to be my birthday month. I'm especially grateful for another year of sharing the stories, people, places, and traditions that make Portland Heights such a special community.

This issue is filled with opportunities to gather and connect. We're hosting a wine tasting on November 4th, and I'd love for you to join us! Email me for details and to RSVP! Come enjoy an evening of good wine, conversation, and community. Our photo recaps also capture some wonderful neighborhood moments, including the Garden Party and Neighborhood Preparedness Fair. Looking ahead, be sure to check out upcoming events including the Ainsworth Red Ball (Nov 13th), The Pixie Party (Nov 21st) and the Portland Garden Club's holiday fundraiser and sale, Joy (Dec 5th).

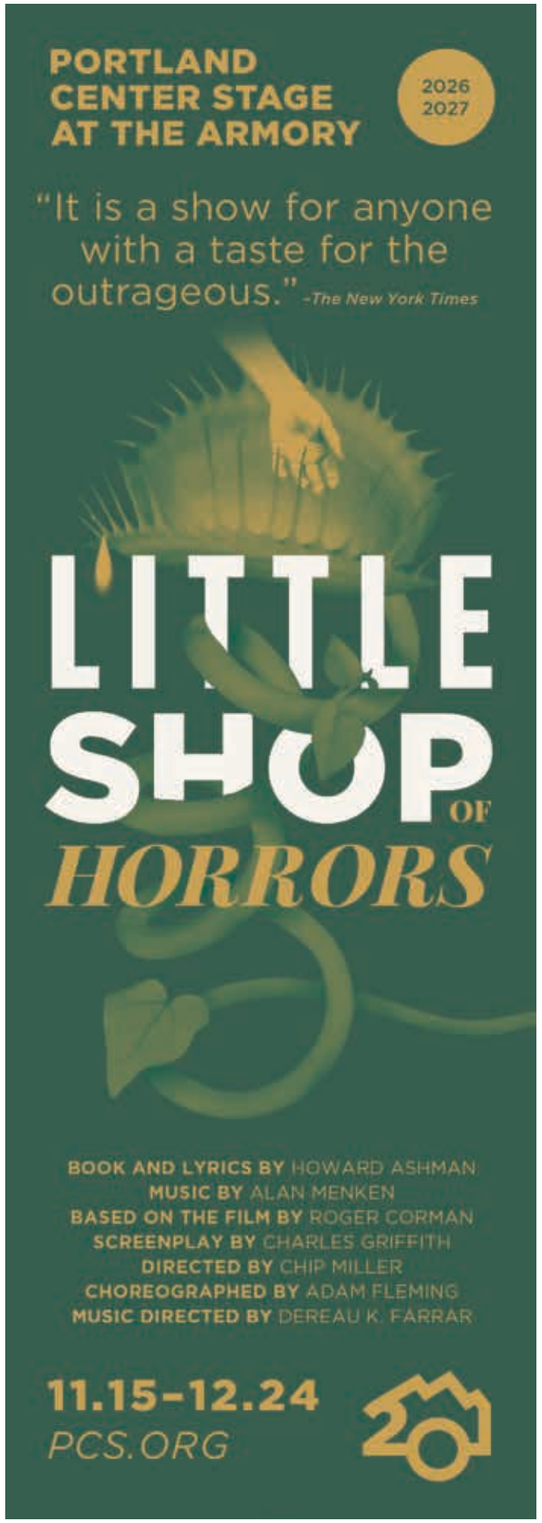
We're also pleased to feature Revolution Beauty, located within Evolution Hair Design, along with resident wine and travel expert Anne McGee. Anne shares two European wine tour options to consider for November 2027, offering plenty of inspiration for anyone already dreaming about a future adventure.

As Thanksgiving approaches, I'm reminded that gratitude is often found in the people who surround us, the traditions we share, and the simple moments that bring us together. Family, friendship, neighbors, and community are at the heart of what makes this neighborhood feel like home.

For 11 years, you have helped make Stroll what it is today. Please keep sharing your stories, milestones, celebrations, recommendations, and the people you think we should know. Your stories are what make these pages come alive, and I'm so grateful to be telling them with you.

With gratitude,

Eleni



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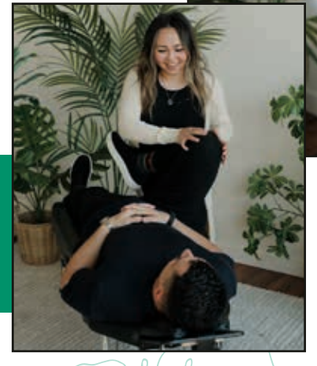
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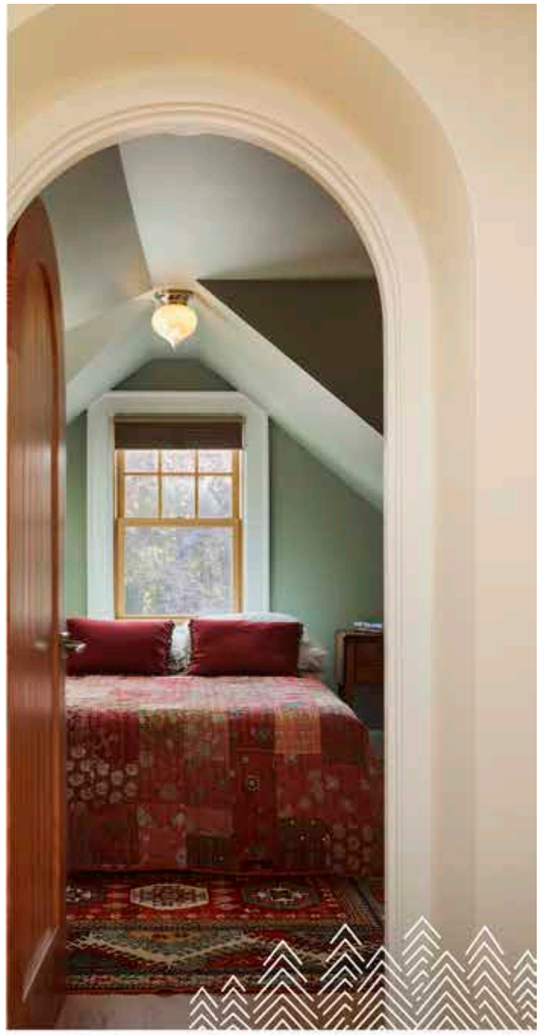
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PORTLAND HEIGHTS *Living* n2

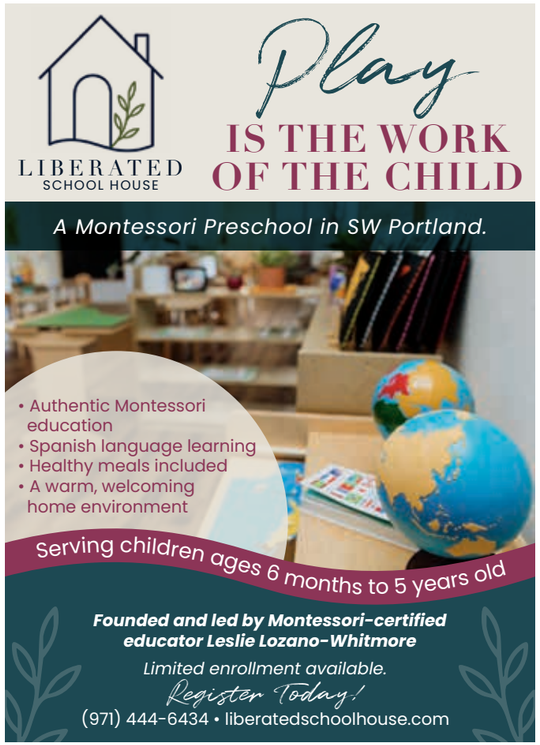
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NOVEMBER

SEEKING CONTENT CONTRIBUTORS

We're seeking enthusiastic community members (ages 14+) to join our team! Opportunities include content coordination, writing, photography, event planning, and networking with residents and local businesses. Ideal candidates are friendly, communicative, and reside in the SW Hills community. Both internship and paid positions are available. Be part of a dynamic team dedicated to fostering local connections and sharing stories that matter. Interested? Send inquiries to eleni.gerding@strollmag.com. Let's grow together!



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SEASONAL & ANNUAL EVENTS

- **October 21st** - SWHRL Member Meeting @ St. Thomas More - **swhrl.org**
- **October 30th** - Encore! An Emerald Anniversary - **pcs.org/support/gala**
- **November 1st FALL BACK DAYLIGHT SAVINGS**
- **November 4th** - Portland Heights Wine Tasting Event - **RSVP to eleni.gerding@strollmag.com**
- **November 7th** - Portland Heights Porch Portraits - Sign Up at **egomesgreenbergphotography.com**
- **November 11th VETERANS DAY**
- **November 13th** - Red Ball 2026 - **ainsworth.schoolauction.net/redball2026**
- **November 19th** - Gardens in the Sky by Charles Brucker of PLACE Landscape Architecture Studio, focusing on his projects that feature rooftop gardens. - **theportlandgardenclub.org**
- **November 21st** - Pixie Party Gala & Auction - **pixieproject.org**
- **November 26th THANKSGIVING**

Have an upcoming event we should know about or want to share with your community? Send us the details to **eleni.gerding@strollmag.com**



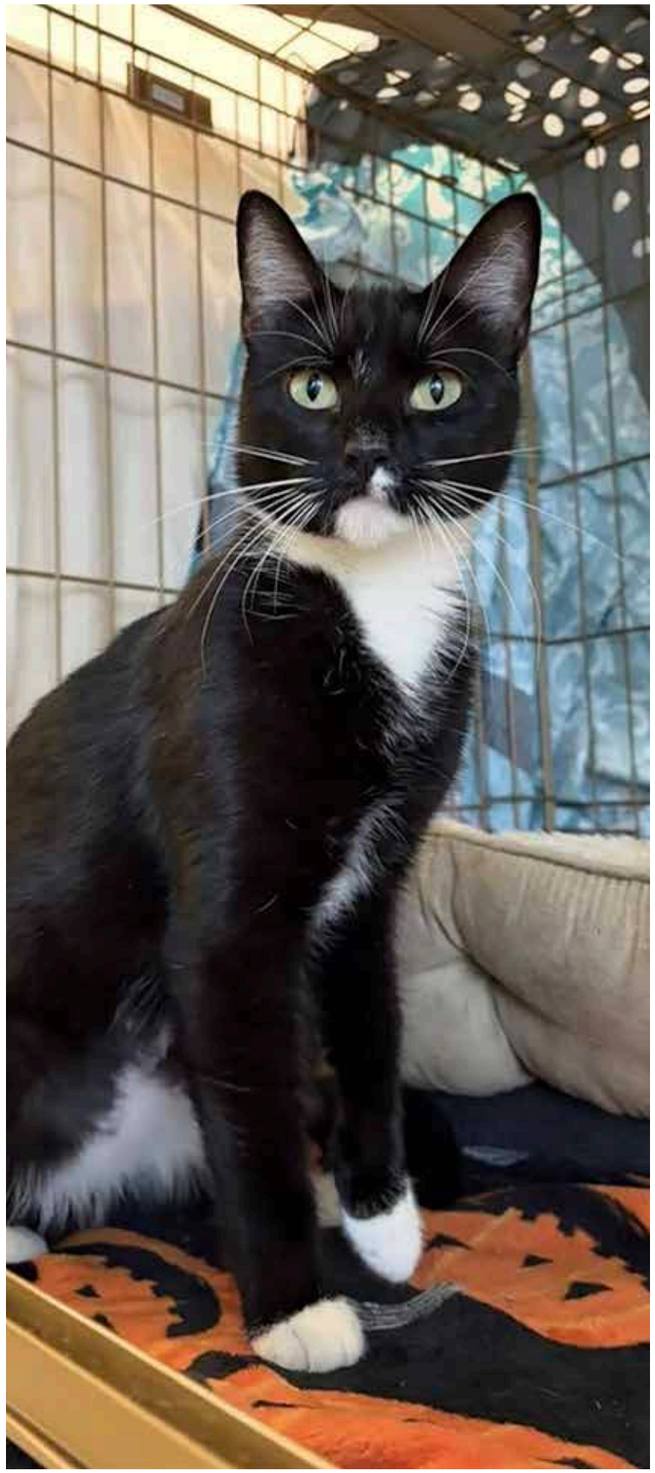
Put Some Jazz in Your Life

DESPITE HER ENERGETIC NAME, Jazzercise is something of a laid-back star. This 1-year-old tuxedo has a mellow, easygoing personality and the kind of silky-soft fur that practically invites a good afternoon nap.

Jazzy hasn't had much experience with dogs or kids, and she appears to enjoy being the sole feline in the spotlight. Her ideal day could go either way: a little fun and fitness, or a cozy spot on the couch with a movie. Really, she's versatile like that.

One thing is certain: wherever Jazzercise goes, she brings a little extra personality—and plenty of charm.

Jazzy found a new home through the Pixie Project. Check out their website for other special furry friends looking for new homes at **pixieproject.org** or join them this November 21st at Castaways for their Annual Gala & Auction event - Pixie Party!











A REFINED RETREAT IN THE SOUTHWEST HILLS

BY ELENI GERDING AND MACEY LAURICK (MACEYLAURICK.COM)

There is something especially appealing about a quiet dead-end street in Southwest Portland. Life feels a little more removed from the pace of the city, while parks, trails, schools, neighborhood shops, and downtown remain close at hand. At 1941 SW Montgomery Place, that balance is part of what makes this home so inviting.

The residence brings together the character people love about an established Portland home with the comfort and polish of thoughtful modern updates. Improvements by Green Gables, Maison, and Forma Collective have brought a high level of craftsmanship to the spaces while preserving the home's sense of warmth and personality.

Inside, natural light moves easily through generous living spaces, highlighting the relationship between classic architectural details and contemporary finishes. The kitchen feels like a natural gathering point, opening to comfortable spaces designed for everything from quiet mornings to evenings with friends. Throughout the home, the layout offers flexibility without sacrificing the feeling of connection.







The bedrooms are equally adaptable, providing comfortable retreats as well as room for guests, a home office, or whatever today's life requires. It is a home that can evolve with its owners rather than asking them to fit into a rigid floor plan.

Outside, the setting becomes another part of the experience. A private patio, expansive gardens, generous deck, and level yard create a peaceful backdrop for both entertaining and everyday life. There is room to garden, gather, or simply step outside and enjoy a little breathing room.

Perhaps the greatest appeal is how naturally everything comes together. The home feels established but not dated, polished without feeling precious, and private without being disconnected.

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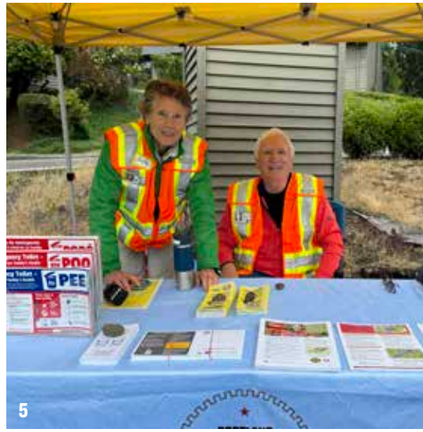
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THIS PAST FALL, SWHRL co-sponsored a "Safety and Resilience Summit" designed to help families increase their readiness in the event of a disaster, inclement weather or a major community disruption that would require evacuation or sheltering in place.

In support of this community-wide event, Portland Bureau of Emergency Management (PBEM) deployed Neighborhood Emergency Team Volunteers to Vista and Spring that afternoon to share basic survival skills with the public and help households build go-bags.

Neighbors were shown how to input addresses into portlandmaps.gov and look in the Public Safety tab to find their Basic Earthquake Emergency Communication Node (BEECN) nearest to their home, school or place of work. SW Trails provided maps of local routes and handed out zipper-pull compasses to participants.

Due to the elevated wildfire risk and low options for egress routes, Portland Fire Prevention Bureau continues to support the formation of Firewise Communities around Portland Heights. Once eight contiguous households complete their Wildland Urban Inventory Assessment and commit one hour annually per house to wildfire prevention, additional support is available from the local government to reduce fuel and remove debris.

Scientists estimate a 10% to 15% chance of a full-margin magnitude 9.0 earthquake, and a 37% to 43% chance of a magnitude 8.0+ earthquake in the southern segment, striking the Pacific Northwest along the Cascadia Subduction Zone within the next 50 years. With the financial support of Councilor Olivia Clark, SWHRL was able to include an Earthquake simulation experience at the summit. In the escape room, players are presented with challenges and need to have safe responses to common hazards that result from a big shakeup.

SideQuest games designer Tyler Robinson teaches that knowing how to turn off utilities is at the top of the list for disaster readiness skills. Utility shutoff Tools specifically shaped to fit the valves for gas lines and water mains were handed out to households. Always verify with the gas company that it is safe to restart the flow of gas after it has been turned off.

It is good practice to inform your neighbors where your water main can be turned off in case you are gone during a pipe break.

Coordinated Consulting Services (CCS) was onsite to introduce business continuity planning for organizations and educate participants on additional resources to help them respond to a disruption or crisis.

CCS helped SWHRL design the Preparedness Checklist available for download online. For the downloadable checklist, go to **SWHRL.org** and search "prepare".

1 / Learning about shutting off gas and water utilities
2 / Find your BEECN on Portland Maps
3 / Spontaneous Untrained Volunteer Opportunites
4 / Citywide NET Volunteers
5 / SW Hills NET Leaders Mike Lynch and Christine Farrington





From Basement Storage to Au Pair Suite

A Portland Heights transformation

IN A PORTLAND HEIGHTS HOME, an unfinished basement once used for storage has been transformed into a 365-square-foot au pair suite, designed with an eye toward its future as a guest suite as well.

The homeowners came to interior designer Alana Spears with a clear wish list: room for a queen bed, a living area with a TV, a walk-in closet, an eating area with a mini fridge and coffee station, a finished back door entry and some space sectioned off to keep as storage. The challenge was fitting it all into a space that sat directly below the garage, where structural poles, posts, and beams claimed much of the square footage before design even began. With only one set of three windows, keeping the suite feeling light and bright was just as important as solving the layout.

Rather than treat the obstacles as limitations, Spears built the layout around them.





"Alana was so kind and easy to work with. She created an amazing space that is more than we could have dreamed of on our own."



Low ceilings and awkwardly placed structural elements meant every inch had to be planned with intention. The result is a bed alcove, an eating nook, a walk-in closet, and a separate living area, each carved out to feel purposeful rather than squeezed in. To make up for the limited natural light, Spears turned to warm finishes and material selections and layered lighting to keep the space feeling open and inviting.

The right material choices, she notes, can leave a place feeling warm and comfortable even without much natural light.

Built-in walnut bedside niches flank the bed, a custom curved banquette anchors the eating nook and flows seamlessly into a run of bookshelves, and a coffee station finished in deep, dark natural stone brings a quiet luxury to a small footprint. A checkered entry at the back door greets guests with a playful, unexpected note the moment they step in.

The finished suite does far more than its square footage would suggest. Every item on the client's wish list made it into the final design including sectioning off space to keep as storage, proof that with the right planning, even a low-ceilinged basement full of structural surprises can become a warm, fully functional space.

CREDITS

Interior Design: Alana Spears Home
alanaspearshome.com
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Photographer: Kaitlin Green
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JOY is in the Air! The Portland Garden Club Annual Holiday Sale

Saturday, December 5th from 10am to 1pm - 1132 SW Vista Avenue

BY ELENI GERDING

The holiday season comes alive at the **Portland Garden Club Annual Holiday Sale** on **Saturday, December 5, from 10 a.m. to 1 p.m**. at the Portland Garden Club clubhouse, **1132 SW Vista Avenue**. This beloved seasonal event invites shoppers to experience the joy of the holidays while discovering an array of uniquely handcrafted decorations, gifts and botanical treasures.

Visitors will find an enchanting selection of **woodland and grapevine wreaths, arrangements of bulbs and blooms, pinecone trees, festive evergreens, embellished garlands, decorative firestarter bundles, gift tags, cards, hostess gifts and more**. Whether you're decorating your home, looking for a thoughtful gift or simply want to welcome the season with something handmade and special, the Holiday Sale offers plenty of inspiration.

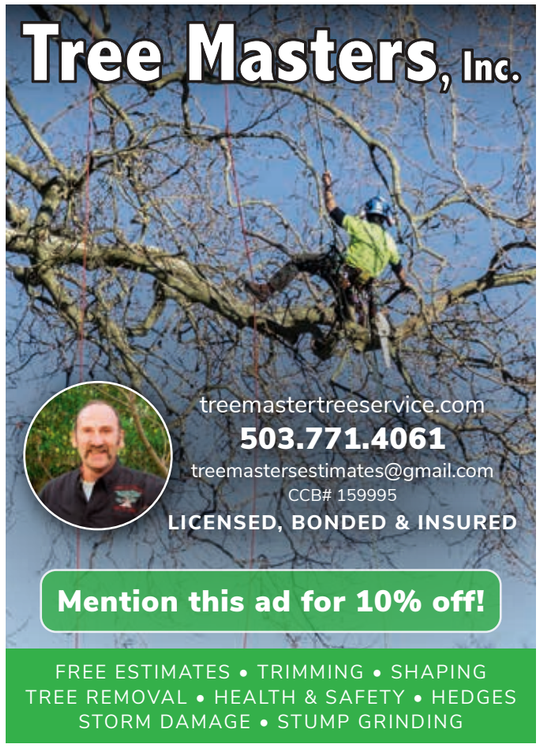
The sale also provides an opportunity to support the Portland Garden Club and the work it has carried out in the community for more than a century. Founded in August 1924 by seventeen women and two men who shared a desire to explore horticulture and gardening beyond their work with the Portland Rose Society, the club became the 89th member of the Garden Club of America in 1928.

Today, the Portland Garden Club continues its commitment to gardening, conservation, education and civic beauty. Proceeds from the Holiday Sale partially support the club's monthly educational speaker series, which is open to the public, as well as grants to community organizations that promote gardening, conservation and environmental stewardship.

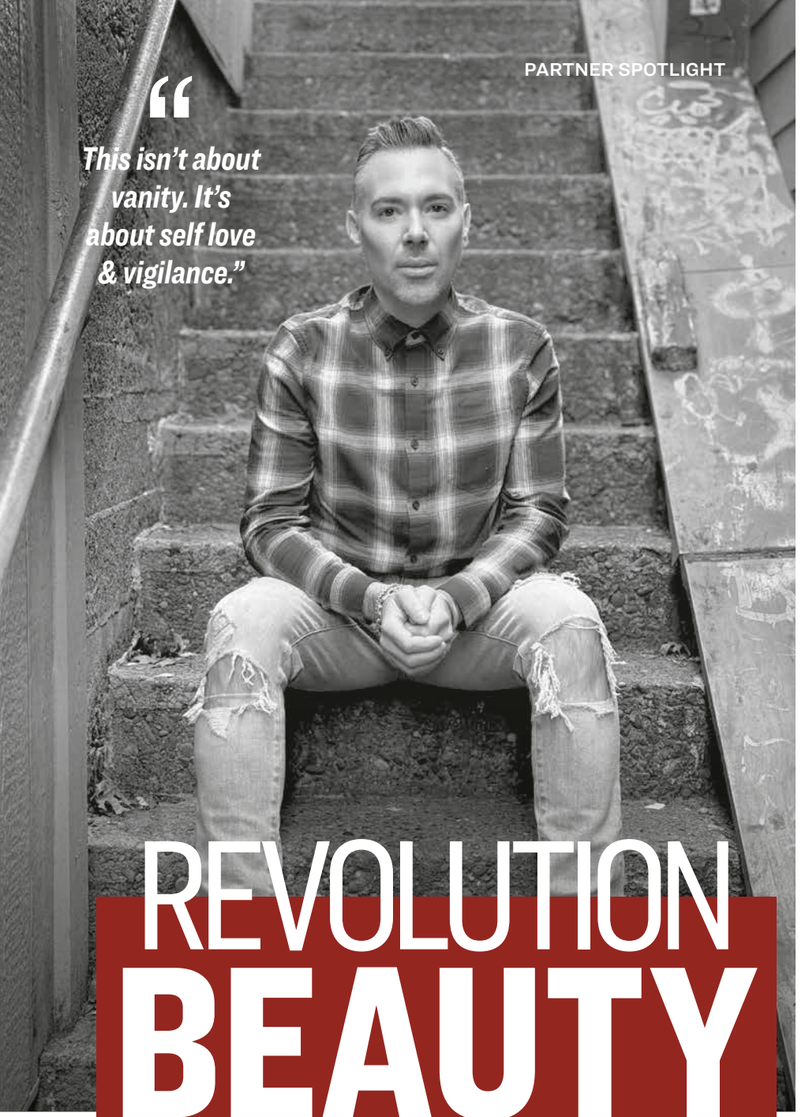
For more than 100 years, the Portland Garden Club has helped protect natural landscapes, expand access to nature and strengthen the community through education and outreach. The Holiday Sale continues that tradition—bringing people together through the beauty of plants, creativity and the shared joy of the season. Learn more at **theportlandgardenclub.org**

Come celebrate the holidays, find something beautiful and help support the Portland Garden Club's ongoing work in our community.









REVOLUTION BEAUTY

PERSONALIZED SKIN CARE IN THE HEART OF PORTLAND

BY ELENI GERDING

FOR MORE THAN 30 YEARS, Evolution Hair Design has been part of Portland’s local beauty community. Now, the long-standing salon has expanded its offerings with the addition of Revolution Beauty, a boutique facial spa founded by longtime beauty professional Brice Terrible. Located inside Evolution across from Lincoln High School, Revolution Beauty brings advanced esthetic treatments, medical grade skincare, and expert artistry to a familiar Portland destination.

With more than 20 years in the beauty industry, Brice brings experience as a makeup artist, esthetician, creative professional, and advanced skin care specialist. His background in art and aesthetics influences the way he approaches every client, combining technical knowledge with an understanding of balance, structure, and individual beauty which results in truly transformative change for his clients. Revolution Beauty was created as a passion project and a commitment to Brice’s loyal clients, inspired by a belief that skin care should be intentional, informed, and personalized.

The practice focuses on helping clients develop and maintain healthy skin through advanced facials, chemical peels, microneedling, nano-needling, medical-grade skin care, and specialized rejuvenation treatments. Rather than chasing every new trend, Brice emphasizes prevention, consistency, skin barrier health, and carefully selected ingredients and treatment protocols — all while keeping up to date on meaningful new preventative and treatment options. His goal is to create a plan that addresses where a client’s skin is today while supporting where they want it to go.

Revolution Beauty also reflects Brice’s artistic roots through professional makeup application. His special-event makeup sessions combine expert skin preparation with an understated approach designed to enhance, rather than mask, a client’s natural features. From skin rejuvenation to event-ready beauty, the philosophy remains the same: helping clients feel confident in their own skin.

Professional Tip: Brice recommends treating skin care as an ongoing process rather than waiting for a specific concern to appear. A consistent routine, daily sun protection, professional guidance, and treatments selected for your individual skin can help maintain the skin barrier and support long-term skin health.

For Brice, the name Revolution Beauty represents a proactive approach to aging and self-care. It is about being focused and deliberate, not extreme. With Evolution Hair Design providing an established home for the new practice, Revolution Beauty offers Portland clients another way to invest in themselves through expert care, personalized attention, and a genuine love of the process.

Revolution Beauty, A Boutique Facial Spa, by Brice Terrible
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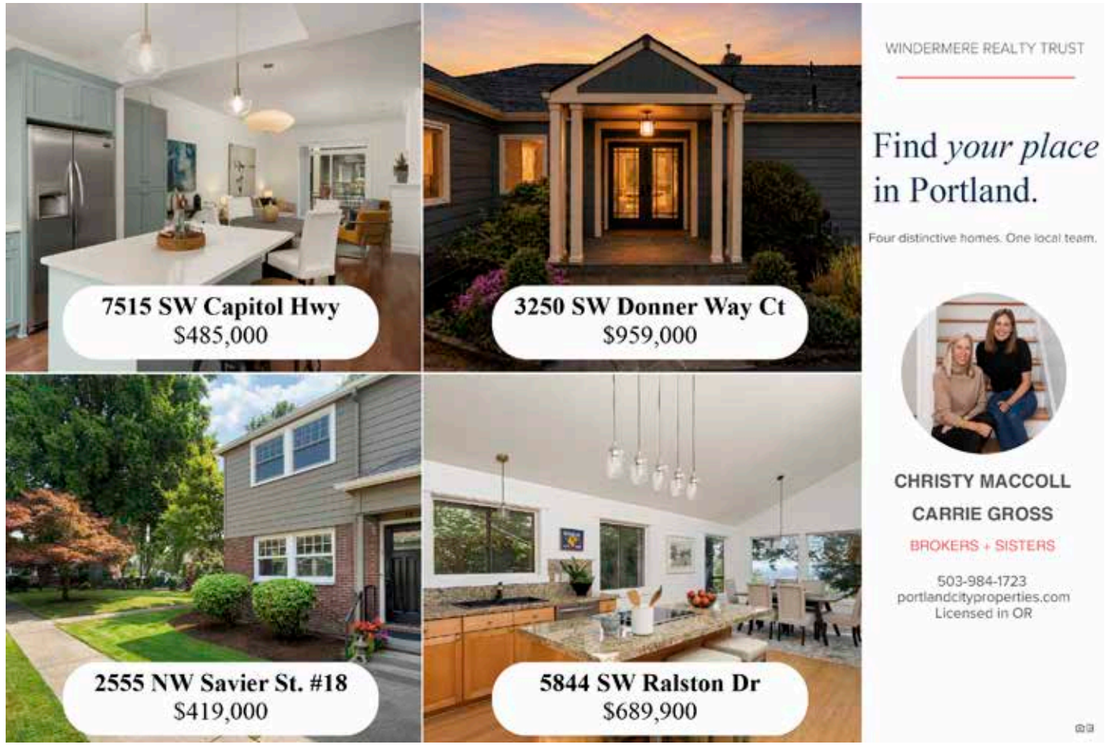
Fallen Leaf Place Cards

"Leaf" it to the kids to make this year's Thanksgiving table shine.

BY NICOLE LETTS

LEAD KIDS and kids at heart on an outside foraging adventure to find a piece of fall's best foliage for Thanksgiving dinner guests. Then, help them practice their handwriting and etiquette by making leaf name cards for each place setting. The leaves serve as table decor, complementing the full spread of everyone's favorite family recipes.

Remember, foraging brings the outside in, so even if it's not quite a golden fall where you are, leaves of any color or large flower petals (like dogwoods) work well. Of course, if the weather won't cooperate outside, as Ina would say, "Store-bought is fine!" There's nothing like a craft store for making decor dreams become reality.







A Night Out, An Investment in Learning

Red Ball 2026



Join us for Ainsworth Elementary's largest fundraiser of the year, Red Ball Gala, from 6 to 10 p.m. Friday, Nov. 13, at The Sentinel Hotel.

Elementary school plays a critical role in a child's life. It's where a child's educational journey begins. These are foundational years when children learn to read and write, build lasting friendships, discover their passions, and develop the confidence and curiosity they'll carry into the years ahead. The experiences they have during this time can shape how they approach new challenges and see themselves long after they leave the classroom.

Creating these opportunities takes a community. Families, neighbors and local businesses all have a role to play in giving kids meaningful experiences and building a strong foundation for what comes next.

A Night That Supports What Matters

That's what Red Ball is about. It brings our community together for a fun night out while providing experiences and resources that enhance students' education.

This adults-only evening will include a hosted bar, seated dinner, live auction, games and, most importantly, a chance to connect, meet new people and spend time with those who make Ainsworth so special.

Every dollar raised goes toward giving students more opportunities throughout their time at Ainsworth. Funds help provide field trips, arts, mental health resources and outdoor projects that make our school more welcoming and safe. This year, we are looking to expand our funding reach by bringing more grade-level-specific educational programs into classrooms, offering after-school enrichment classes and providing teachers with additional resources.

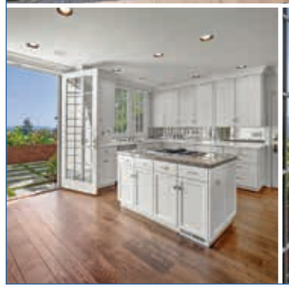
Be Part of Something Bigger

Strong schools are built by those who show up for them, and strong schools help build strong communities.

You don't have to be a current Ainsworth parent to be part of it. Whether you're a family member, neighbor, local business owner, or just someone who believes kids deserve more opportunities to discover and thrive, there's a place for you at Red Ball.

Tickets are on sale now and sponsorship opportunities are also available for local businesses and community members. Join us and buy your ticket at **ainsworthfoundation.org/Red-Ball.**







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Annual Garden Party to Celebrate the 130th Anniversary Season











In August, neighbors and friends gathered at the home of MJ Steen and Frank Langfitt to celebrate the start of Portland's cultural season. Now a beloved tradition, this year's garden party held a particularly special weight, as it marked the beginning of the Oregon Symphony's 130th anniversary season. Rooted in its history, yet boldly venturing forth, the orchestra's anniversary lineup features beloved stars like Itzhak Perlman and Wynton Marsalis, and distinctly local voices including John Craigie, Caroline Shaw, Portugal. The Man, and more! For more information or to purchase tickets, please visit orsymphony.org.















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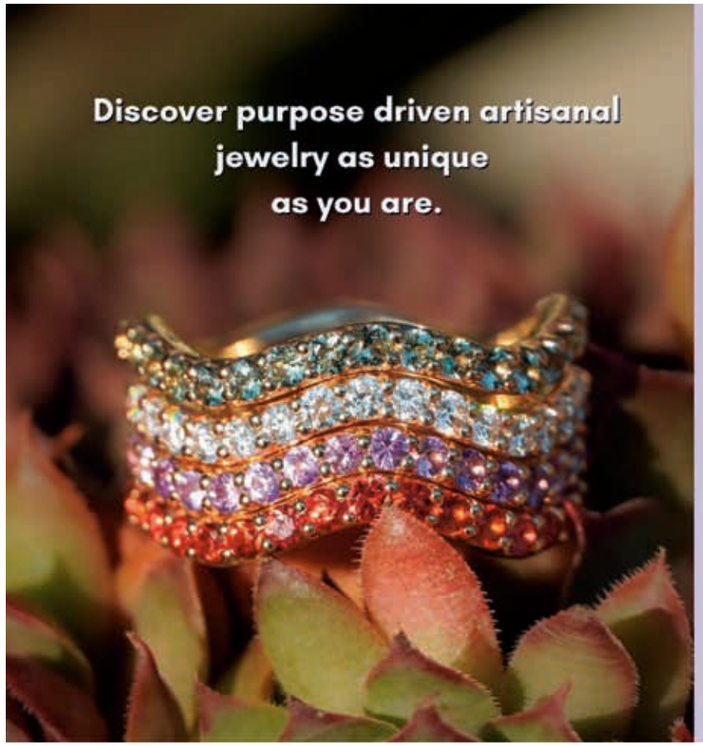
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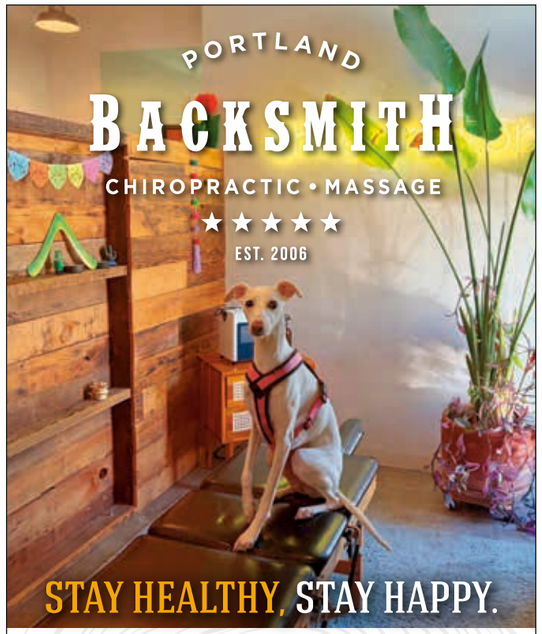


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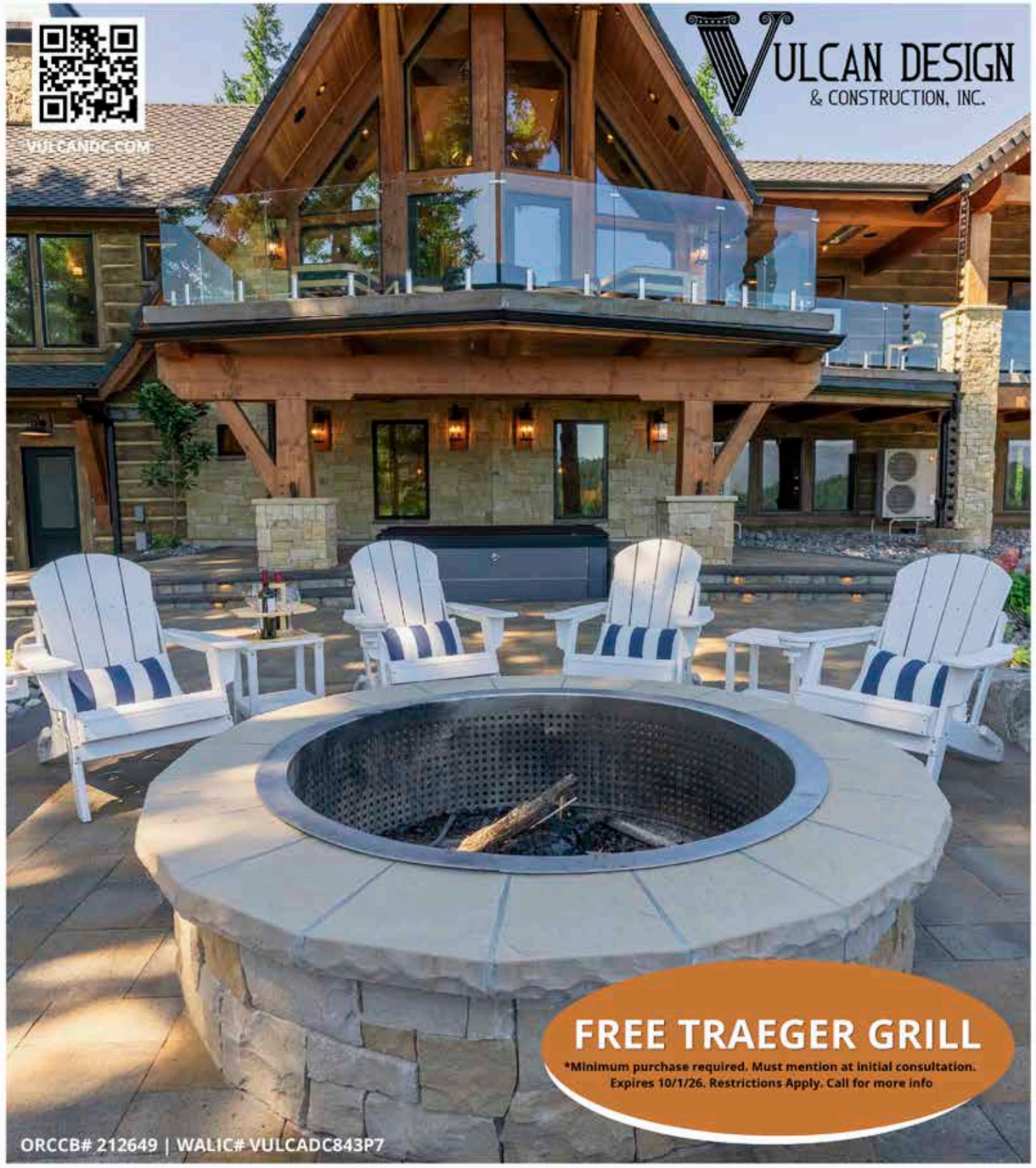
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TRAVEL TALES

Two Rivers, Two Wine Adventures

Set sail for Europe in 2027

BY ELENI GERDING

Wine lovers have two new reasons to put Europe on their 2027 travel calendar. Vines, Tours & Cruises is offering two exclusive wine cruises along the Rhine and Danube, pairing spectacular scenery and historic cities with exceptional wines, expert hosts and unforgettable culinary experiences.

Discover the Rhine:
October 26–November 2, 2027

The **Wine Cruise on the Rhine** sails aboard the new AMADEUS Aurea, traveling from Amsterdam (Huizen) to Strasbourg through some of Germany's most celebrated wine regions.

The Rhine and Moselle reveal a landscape shaped by vineyards, river valleys and centuries of winemaking. Guests will encounter the steep, slate-covered vineyards of Cochem and Bernkastel-Kues before arriving in Rüdesheim, famous for its lively wine taverns and rich wine culture.

Wine host Regina Daigneault (reggiewine.com), a wine professional with nearly 40 years of experience, will lead three onboard tastings and a wine-paired dinner. Four optional wine-focused shore excursions offer opportunities to explore the region beyond the ship.



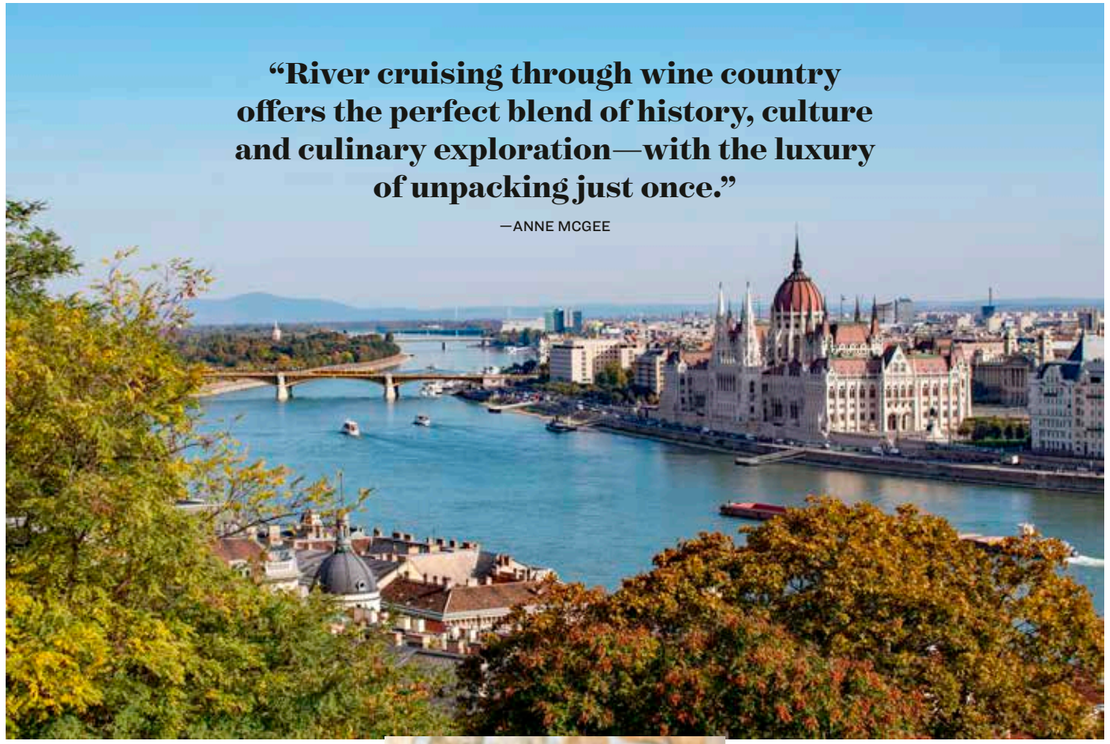
Regina Daigneault, Wine Host for Rhine Trip

The AMADEUS Aurea, launching in 2026, combines contemporary comfort with thoughtful sustainability features, including hybrid propulsion and heat-recovery technology. Guests can enjoy river views, gourmet dining, an outdoor pool, fitness center and complimentary Wi-Fi.

Follow the Danube:
October 21–28, 2027

The **Wine Cruise on the Danube** aboard the AMADEUS Nova takes travelers from Budapest to Passau, with stops including Bratislava, Vienna, Dürnstein, Weissenkirchen, Melk and Linz.





"River cruising through wine country offers the perfect blend of history, culture and culinary exploration—with the luxury of unpacking just once."

—ANNE MCGEE

The route moves through the heart of Central European wine country, including the renowned Wachau Valley, where vineyards climb above the Danube and historic wine traditions remain deeply connected to the landscape.

Wine host Steve Lutz, founder of Oregon's Lenne Estate winery, brings decades of winemaking experience to the journey. Guests will enjoy three curated wine tastings, a wine-paired dinner and four wine-focused shore excursions in select destinations.

Both cruises include luxury river-view accommodations, gourmet meals, European wines with lunch and dinner, excursions as specified, gratuities, port fees, Wi-Fi and more.

Whether you choose the vineyard-covered slopes of the Rhine or the historic wine country of the Danube, these cruises offer more than a vacation. They are an opportunity to taste the destination, learn from experienced wine professionals and experience Europe at a relaxed river pace.

Cabins are available now. Contact Anne McGee at Vines, Tours & Cruises to reserve your place.



Steve Lutz, Wine Host for Danube Trip

Anne McGee is the owner of Vines, Tours & Cruises, a Cruise Planners franchise specializing in leisure travel. After 27 years of worldwide travel during her Air Force career and years working in the travel industry, Anne brings extensive experience to planning memorable journeys. She is an ASTA Verified Travel Advisor, CLIA Elite Cruise Counselor and Certified Specialist of Wine with the Society of Wine Educators. Anne specializes in river cruising through wine regions, helping solo travelers, couples and wine clubs combine great wine with history, culture and culinary discovery. When she's not traveling or helping clients plan their next adventure, Anne enjoys the serenity of her home in Portland Heights, where she lives with her husband, Mike, and their three Maine Coon cats.

Vines, Tours & Cruises Inc.
Anne McGee | 503-481-7411
amcgee@cruiseplanners.com
vinestoursandcruises.com



resident business guide

Use this list of business owners and professionals from Portland Heights as an opportunity to network, qualify, and potentially build a business relationship with other successful individuals who also live here. To be included in the Resident Business Guide, email your details to eleni.gerding@n2co.com

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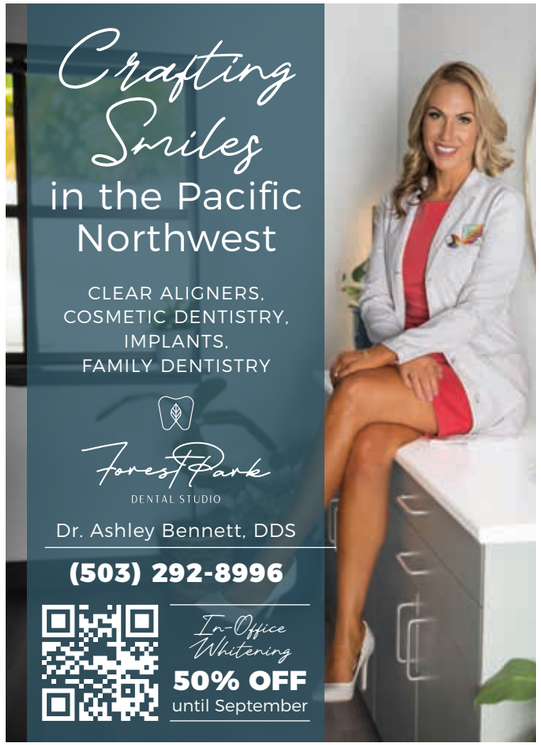
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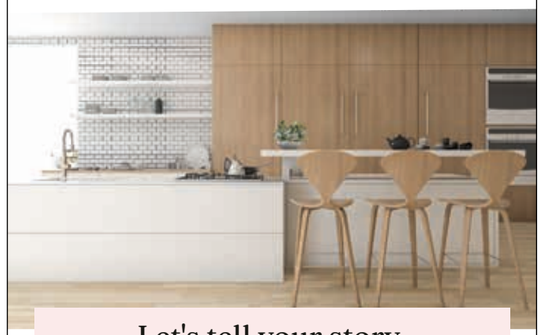
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